

## EFFECT OF THE LEAVES OF *POGOSTEMON HEYNEANUS* FOR SHEETADA

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Disease "Sheetada" is one of the tooth based illnesses described in Sushruta Samhitha. Many drugs for this condition have been recommended both in Ayurvedic and Western medical system, yet these drugs are not cheaply available , nor have they shown remarkable effectiveness. Thus research on the effect of *Pogostemon heyneanus* used by the traditional physicians, there fore will be of great significance. On the basis of easy accessibility and suitability for oral administration this plant was selected for the study of its effects on Sheetada. The result of the study revealed that the leaves of *P. heyneanus* could be effectively used to cure the condition of sheetada; it was found to be specially effective against gum bleeding of the patients.

