

Factors relating to work stress among female nurses in private and public hospitals

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Abstract

Occupational stress as a recognized problem in the modern era, is vital and important. Stress is influence on work place. Nursing is one of the stressful professions. Nurses play an important role in this field to uplift the health development. According to that the government spent a large amount of money for health service per year. Because of that this research aimed to reveal the stress level of nursing occupation in Sri Lanka. The objective of this study is to review trend of the workplace stress in nursing. In this study, 180 nurses were selected among nurses working in surgical, internal and psychiatric wards of 2 public hospitals and 2 private hospitals in Medical Officers of Health area of Dompe. Data were collected using questionnaires, and Statistical analysis was done using SPSS software. Analysis of variance (ANOVA) were used as main analysis method. According to the findings, Stress of nurses has been linked to reduce physical and psychological health, reduce job satisfaction, increase sickness absence and poorer job commitment. The findings suggest that occupational stress varies within different wards in the hospitals. Occupational stress should be prevented and controlled early and nurses should be supported in this regard.

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