

The role of *Khsar sutra* therapy in Fistula in Ano

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Fistula-in-ano is a condition which has been recognized as a difficult surgical disease in all the ancient and modern medical sciences of the world. It is the recurrent nature of this disease which makes it difficult for treatment. This is one condition for which the maximum types of surgical, para-surgical and medical applications have been described. These operations also varied from surgeon to surgeon started concentrating on cutting short the duration of treatment since both 'fistulotomy' and 'fistulectomy' involved a long period of post-operative dressings of the wound and consequently a prolonged hospitalized. The results proved to be encouraging in low anal and sub-cutaneous varieties only. At this stage, *Kshara sutra* came to the rescue of surgeons since a 'chemical fistulectomy' rather than a 'surgical fistulectomy' proved to be free from complications. The introduction of *Kshara sutra* into the fistulous tract was capable of dissolving the tough fibrous tissue and ultimately draining it out creating a healthy base for healing. This is a draining it out creating a healthy base for healing. Its gradual and sustained chemical action not only removed the debris from the site of fistula but it also helped in encouraging fresh healthy granulation thereby inducing a long awaited healing pattern in the depth of tissues. The advantages of the therapy and preparation and method of use of *Khsar sutra* will be discussed in full paper.

Key words: *Khsar sutra*, fistulectomy, Fistula in Ano

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