Study on the Utilisation of Analysis and Synthesis Theories of Theravada Abhidhamma for Resolving Human Problems

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Whether the theories of analysis and synthesis could be applied in resolving human issues is the research question and the study's objective. Here, secondary and tertiary sources related to Abhidhamma Pitaka would be utilised. Analysis refers to the segregation of facts related to various entities and clearly understanding those facts. Synthesis refers to the clear understating of the mutual connection of the segregated facts. In the water cycle, the heat of the sun upon falling on water creates vapour. The wind takes vapour into the sky, which forms clouds by condensation. The rain is a result of the clouds. Here are eight facts: Water, Sun, Heat, Wind, Sky, Vapor, Clouds, and rain. The knowledge of each fact individually refers to the analysis. Synthesis is the knowledge of the mutual functionality of these facts. Accordingly, the segmentation of a certain process and the disclosure of the state of its existing combination is done through these two theories. When we talk about human issues, the Formation of unconventional relationships is a major problem humans face. When you analyse this, many facts such as husband, money, love, sexual pleasure, wife, and a third-party personality could be seen. The process of synthesis in this exercise is that the husband's limitless greed for money deprives the wife of love and sexual expectations. This problem can be overcome by stopping the eternal chase behind money. Moreover, applying these dual theories can solve all issues like the damage to the peaceful environment at home, disobedience of children, human deaths due to the break of love, loss of lives due to inability to bear poverty, and quarrels with neighbours.

Keywords: Abhidhamma, Analysis, Love, Synthesis, Water cycle