

Problem Based Approach for Medicine Long Cases



Flash cards



History Templates



Examination Templates



Algorithms



Key Points



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Edited by J.K.N.D. Miththinda

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Preface

The aim of Medical practice is finding solutions for the multiple problems presented by patients. To achieve this purpose it is always important to identify the problems, arrive at a diagnosis, begin the proper treatment and determine the prognosis.

Problem identification begins with a complete history, physical examination and from the results of investigations. Important findings identified provide essential data on which diagnosis / differential diagnosis and management plans are based.

Guided by the experienced teachers, student learns this approach at bedside. During the limited period of clinical training students may not receive sufficient exposure to all important medical problems. The purpose of this book is to provide a practical approach to many important, common clinical problems faced in practicing adult Medicine. This book is primarily aimed at undergraduates and the young doctors who are still completing the internship. It will necessarily stimulate student to think rationally rather than routine clerking. This book is thus will supplement but not necessarily replace standard text books.

In this book each case follows the basic format of; definitions of the entities, aetiologies, relevant features in the history taking and examination, outline of investigations and key points. Pathophysiology, prognosis and treatment have been omitted.

I hope this book will help students in the ward especially with preparation for final MBBS and to follow the problem based approach of clinical training introduced in new curriculum.

P.M. Yasoma I. Tilakaratna

Acknowledgements

“This book is dedicated to all medical students of the past, present and future. You are the inspiration for this.”

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Last but not least: I seek forgiveness from all those who have been with me over the course of the years and whose names I have failed to mention.

P.M. Yasoma I. Tilakaratna

Look for these icons



FLASH CARDS



HISTORY TEMPLATES



EXAMINATION TEMPLATES



ALGORITHMS



KEY POINTS

MNEMONICS are highlighted like this

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