Impact of Work from Home on Employee Engagement of Executive Level Employees in a Selected Apparel Company in Sri Lanka

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The purpose of this research was to identify the impact of work from home on employee engagement. In addition to that, this study intends to contribute to fill the literature gap by looking into the relation between work from home and employee engagement. Although the work from home and employee engagement are well established in western literature, few studies have examined work from home and employee engagement in the Sri Lankan context, especially in the apparel industry's executive positions. Most of the previous studies have been done within ICT, academic and technology-based organizations. This study explored the relationship and examined the impact of those variables among executive level employees who work in an apparel Company in Sri Lanka. This research is deductive research. This research was conducted using survey research strategy and quantitative research method. Executive level employees of Stretchline (Private) Limited were chosen as the population of the study.

Simple random sampling method was used the sampling technique. Accordingly, sample size was 113. Statistical Package for Social Science (SPSS), version 23.0 was used as the data analysis software in this research study. The results indicate that there is a significant impact of work from home on employee engagement.

Keywords: Work from Home, Remote-work, Flex-work, Employee Engagement

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