

## **The Impact of Work-Life Enrichment on Employee Job Satisfaction**

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The main purpose of this study is to assess the impact of work life enrichment on employee job satisfaction in ABC Company. Further, it discusses the dimensional impact (i.e., work to family enrichment and family to work enrichment) on job satisfaction. This is a positivistic and quantitative study that followed the survey strategy. The study is cross-sectional. The data collected from 101 employees in the ABC Company using a standard questionnaire. The results of the regression analysis revealed that work life enrichment, work to family enrichment, and family to work enrichment positively impact job satisfaction. There are numerous theoretical and practical implications of this study such as managers can use work life enrichment practices to enhance job satisfaction of their employees which ensures the company's competitive edge over rival companies and this study is novel in Sri Lankan context.

**Keywords:** *Work Life Enrichment, Work to Family Enrichment, Family to Work Enrichment, Job Satisfaction*

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