

The Perceived Job Burnout of Audit Training on Job Satisfaction: with Special Reference to Audit Trainees

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Audit training is considered as one of the internship training with hardship and workmanship. Hence, it is quite evident that the audit trainees are both physic and psychic victims of rigorous training. The satisfaction of audit trainees is less researched in the audit context. There are several determinants of job satisfaction and yet burnout is little investigated and the effects on the audit trainees' job satisfaction in Sri Lankan context. Bridging the gap in the context, the current study which is guided by the work adjustment theory, explores causes of audit trainee dissatisfaction in Sri Lanka. The current study was conducted as a cross-sectional field study among a sample (n=100) audit trainees, conveniently selected from five audit firms in Sri Lanka. Primary data were collected through a standard questionnaire and distributed via Google forms. The collected data were analyzed with the support of SPSS 26 applying inferential statistical methods such as correlation, regression, chi-square, and descriptive statistics. Findings revealed that there is a moderate and negative relationship between burnout and job satisfaction. It is suggested to deliver greater awareness, coping mechanisms and favorable HR practices to boost job satisfaction among audit trainees.

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