## **Conclusion and Suggestions**

In conclusion, it infers that the low level of motivation and empowerment, inadequate awareness about skills and potentials of them and limited knowledge on true sense and importance of community development components had affected to create a negative impact within them. Based on these findings it has been suggested to introduce integrated projects based on participatory development approach and methods of social inclusion to enhance opportunities to build self-esteem and self-confidence and to identify adaptation and mitigation actions to reduce hardships and issues through empowering latent potentials and skills of *FHHs*.

**Key Words:** Authority, Decision- making, Empowerment, Female-Headed Households (FHHs), Women Empowerment.

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