



A Literary Review on Traditional Medical Systems for Boils, Wounds & Cancer in Sri Lanka

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Abstract

Sri Lanka developed its own medical system based on a series of prescriptions handed down from generation to generation over a period of 3000 years. Indigenous Medicine of Sri Lanka called "*Deshiya Chikitsa*" was originated before 8000-10000 years ago. There are several ancestries in Sri Lanka which are continuing their special field of "*Deshiya Chikitsa*" even today. Sri Lanka has its own special science of medical treatments since the ancient times which employs indigenous and rare herbs and substances derived from plants. These medications can be used internally and externally as treatment for number of illness as well as to prevent lethal disease like cancer. Herbs offer great potential to stimulate the healing process and can even destroyed cancer cells. The research is looking in to whether some herbs or plants treatment used in traditional medicine could help to prevent or treat cancer and also improving the quality of life of all cancer patients. There is very little published information on the herbal remedies used by traditional medical systems. With the assistance of that reports and ancient Ola leaf books, certain persons who have suffered from various verities of cancer have revealed that. In Traditional medical books and an ancient Ola leaf books, there were no direct definition for cancer. In indigenous texts cancer described in many forms as with signs and symptoms. For examples, "*Ala palaa gaduwa*", "*Ata palaa gaduwa*", "*Ila palaa gaduwa*"ect. There is no any data base or compilation of traditional medicinal formulas in our hand. Therefore that kind of study is an important need of era. There after we could encourage society to cultivate and protect those medicinal valuable plants and herbs for their good health. Therefore we are planning to refer the traditional indigenous medical texts to collect data on medicinal valuable remedies and details of cancer. This research intends to carry out a literary review on traditional medical systems for cancer. With the aim of provide valuable massage to the public regarding the prevention of cancer.

Keywords: Ola Leaf, *Deshiya Chikitsa*, Cancer.

1. Introduction

Indigenous Medicine of Sri Lanka also called "*Deshiya Chikitsa*" was originated before 8000-10000 years ago. There are several ancestries in Sri Lanka which are continuing their special field of "*Deshiya Chikitsa*" even today. Ex;

"*Kedum Bindum Wedakama*" - Orthopedics

"*Deum Pilissum Wedakama*" - Burns

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