

## **Does the Factors of Spiritual Intelligence Distinguish the Levels of Employee Stress?**

Jisna, N.<sup>1</sup> and Madhumita Mohanty<sup>2</sup>

In the present scenario, everyone is striving to achieve and make use of the opportunities and resources to its best. Stress has become a part of everyone's life. In a corporate world, managers face day to day affairs where stress is inevitable and unavoidable. The purpose of this research work is to find out whether the factors of Spiritual Intelligence can distinguish the levels of employee stress and can help managing the level of stress of the employees. Two standardized questionnaires were used. The Spiritual Intelligence Self Report Inventory (SISRI- 24) developed by King (2008) was selected to measure the four factors of Spiritual Intelligence of employees. Secondly, The Occupational Stress Index developed by Srivastava and Singh in 1981 was used to measure the three levels of employee stress. The study was conducted among 300 employees to measure the level of Stress and Spiritual Intelligence of each individual. The data was analyzed using Wilk's Lambda and the findings reveal that the factors of Spiritual Intelligence do not have the ability to distinguish the level of employee stress.

***Keywords:*** *Factors of spiritual intelligence, Level of stress*

---

<sup>1</sup> Calcutta University, India (jisnafuture@gmail.com)

<sup>2</sup> IISWBM (drmadhumitamohanty@gmail.com)