

The Use of Prohibited Substances in Playing Games: Special Reference to Asian Games

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Abstract

Human being has participated in games mealy for enjoyment. In later times they have participated in games in order to select the strong person or to select the protector in times of war. In 1896 at the beginning of modern Olympics, the father of the Olympics Lord Pirre De Kubotin started that "Participation is more important in games than the victory" This statement is valid not only for Olympic Games, but also for all kind of sports events. But in modern times, that view has changed gaining the victory has been the greatest aim. The competition faced obtaining this victory has encouraged players not only to undergo training in sports, obtain more nutritious food engaging in the technological methods, but also to get addicted to taking prohibited substances.

The aim of this research is to find out the tendency of usage of prohibited substances among the players (men and women) who participated in past 10 Asian games. This research is based on secondary data obtained from the past 10 years of Asian games held in the Asian countries. Data were analysed using descriptive research method.

Players have used various stimulants to increase their talents at the Asian games and the usage has come down in the present days. The prohibited stimulants that have been named have changed time to time. Today wide range of tests have introduced to find whether players have used strong stimulants.

Key words; Asian Games, Prohibited substances, Olympics

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