

Voice Education of Vocal Students: A Case Study based on the Knowledge of Voice and Vocal Health

B.Hasari Bulathsinhala¹

The human voice is the most dynamic and versatile of all musical instruments. So its necessary to be knowledgeable to maintain its health. However, the students who are in the practice of vocal music do not seem to pay much attention in this though they pay more attention to what they sing: various singing styles with adequate knowledge in particular singing styles. It was revealed that the students learn, yet their knowledge about vocal health and the mechanism of voice production is minimal. As a result, the students lose the integration of voice and collapse at a certain stage. Therefore, the primary objective of the present study is to conduct an extensive study whether the students have knowledge about vocal health and whether they understand the process of voice production while singing. Data was gathered by forwarding a questionnaire to 40 vocal students all of whom are studying at undergraduate level. The study revealed that the voice training is significantly helpful in maintaining the vocal chords and voice balance. It could also be concluded that the majority of the students do not have sufficient knowledge on voice production.

Keywords: Voice, Vocal health, Vocal Mechanism, Voice Training

¹Visual Arts and Designing and Performing Arts Unit ,Department of Fine Arts, University of Kelaniya, Sri Lanka hasari125@gmail.com