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Uses of Astrology and its Importance for the Psychological Counselling

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Astrology is a result of one of the greatest human civilizations. It has been significantly contributed to the life and culture of mankind, and the understanding of the past, present and future information of them based on the natural positioning of other planets and stars in the universe. Counselling is a subspecies of the applied psychology branch of psychology that guides the diverse disciplines of mental, social, occupational, educational, health and human relations. Accordingly, Astro-psychology and Astrological Counselling Psychology can be identified as sciences which are based on functions and effects of the planetary astronomical stars with extraordinary structural and qualitative realities. The key objective of this study is to examine, the logical relationship between the psychology, Counselling Psychology and Astrology. Moreover, the origins and the interactions, key differences, key similarities and its ethical observations will be addressed throughout this research. The Astrological Counselling Psychology has been developed as culture with a historical value and it is revealed that Modern Psychology Counselling has a positive influence on individuals' life. It helps to identify the personality traits and behaviours of individuals'. More information can be collected in a shorter period of time in this regard without extra effort. The descriptive and qualitative research methodology is used as the research methodology for this research. The relevant data/information is collected through preliminary psychological researches with the involvement of several consultants as resources persons who are work in the industry as professionals. This study reveals that Astrological Counselling Psychology is a consultative subgroup of astrology and it can be defined as an approximate subject area for the study of personality, psychological problems, disorders and disorders.

Key Words: *Astrology, Astro-Psychology, Counselling Psychology, Psychology*