

Career Indecision among Technical and Vocational Education and Training (TVET) Undergraduates in Sri Lanka

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Grounding for career is one of the crucial responsibilities for young people. Career indecision is the difficulties faced by individuals when making decisions regarding their career which is a dynamic phenomenon that is being vicariously explored presently. Nevertheless, previous studies were done in most of the developed contexts and there were no adequate studies have been done in this regard in a Sri Lankan context. Thus, the main purpose of this study is to identify the significant factors affecting career indecision of the Technical and Vocational Education and Training (TVET) institutes' undergraduates in Sri Lanka. Five independent variables namely Career Anxiety, Internships, Self- Efficacy, Perceived Social Support and Career Counseling were identified to assess the impact made upon career indecision. The sample was derived from 500 students from National Institute of Business Management. Multiple regression analysis was then used to test the hypotheses. As per the key findings of the study, self-efficacy is the most significant factor impacting upon career indecision. Further, findings reveal that Internships, Perceived Social Support, career anxiety and Counselling have significant impact to the career indecision among the respondents. These findings would be beneficial to undergraduates, policy makers and government institutions as well as for the society at large.

Keywords: *Career indecision, Counselling, Self-efficacy, Perceived social support, Technical and vocational education, Training*

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