

**The Impact of Big Five Personality Traits on Work-Life Balance:  
A Study Related to the Executive Level Employees of the Regional  
Support Center (Western -North), National Water Supply and Drainage  
Board, Sri Lanka**

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The current research examines the impact of Big five Personality Traits on Work-Life Balance of executive-level employees in the Regional Support Center (western-north) in the National Water Supply and Drainage Board, Sri Lanka.

This cross-sectional field study investigates a sample of 61 executive-level employees selected conveniently. The data was collected through a standard questionnaire distributed in printed form. The collected data were then analyzed for descriptive statistics, correlation, and regression, using SPSS software. Results indicate, there exists an impact of Big Five Personality traits on Work-Life Balance of the employees of the population. Findings suggest that the management must focus on the Big Five Personality Traits when they develop policies and programs for maintaining Work-Life Balance for executive-level employees in the Regional Support Center (western-north), National Water Supply and Drainage Board, Sri Lanka.

**Keywords:** *Big Five Personality, Openness to Experience, Conscientiousness, Extroversion, Agreeableness, Neuroticism, Work-Life Balance*

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