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Evaluation of the deodorant action of *Nagakeshara*

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Abstract

Sweating is a natural process that our body goes through each and every day. The purpose of sweating is to cool the body down and remove toxins. But heavy sweating causes problems or distress. It is caused by spicy foods, hard works, caffeine, mental issues and hereditary. Because of the above etiological factors, the body temperature rises and the sympathetic nerve stimulates the sweat glands to produce excessive secretion which leads to clinical manifestations like disruption of normal activities, wet palms, hands, arm pits, frequent sweating, noticeable sweating that soaks that we clothing, skin problems, stained cloths and body odor. A clinical study was designed to evaluate the deodorant action of *Nagakeshara* (*mesuaferrea*). The study was carried out on 60 patients of both sexes between 16 - 40 years with complaints of frequent sweating, noticeable sweating that soaks to the cloths, odor formation and color change in axillary region. Two groups were selected and the test group was used to test the deodorant action of the *Nagakeshara* and *ghee* (*Lepa* A). Control group was used to test the action of the *ghee* (*Lepa* B). The study was carried out for 21 days. According to the results in present study, it could be concluded that short term administration of the drug has shown significant effect decreasing the severity of the disease.

Keywords: *Lepa*, *Mesua ferrea*, *Nagakeshara*, *Ghee*

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