

PP 090: Management of third degree heamorrhoids by *Kshara karma*- A case report

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A 52 year old male patient came to the Anorectal Clinic of the outpatient Department of Gampaha Wickramarachchi Ayurveda Teaching Hospital, Yakkala, with complaints of permanent prolapsing pile mass and bleeding while passing stool. The case was diagnosed as a 3rd Degree Hemorrhoid with a bleeding tendency. *Kshara karma* intervention was done. The pile mass and per rectal bleeding relieved in 8 days and the patient was relieved from all symptoms within 21 days. No complications were reported after the procedure. The patient was followed up regularly from 2016 to the current period (2017) and proctoscopic examination did not reveal any evidence of recurrence of the Hemorrhoids.

Keywords: 3rd degree hemorrhoid, *Kshara karma*