

1427 – NON INVASIVE METHODS OF ENT HEALTH CARE IN UK

Presenting Author : Venkata N Joshi
Organization : Professor, College of Ayurveda UK Ltd.
E-mail : ayurjoshi@yahoo.co.in
Cell Phone : 00447986603951

Address : 74 warren road, Croydon surrey, CR0 6PF. London 6PF. London

Background: Shalakhya tantra is one among Astanga Ayurveda, as the main branch of study needs its application as necessary under prevention to cure perspective globally. Under the common conditions being observed in that practice since 2003, is assessed for care and cure.

Purpose: Application of Ayurveda principles for health promotion, prevention and cure perspective. Simple remedies and care through diet, regimen and life style modifications are needed to address the issues primarily though our care is considered as secondary in a given environment.

Methods: Present study is an observational model of many clients who presented themselves for the issues like allergic rhinitis to chronic migraines seeking natural remedies and relief through applied therapies done in above practice. Considering the priority given for certain health issues under observation is given much importance to care and cure in general. The use of Ayurveda or natural sources available in markets of London.

Findings: Under above practice has been found a good relief to certain conditions like improving eye health in certain age group, where necessarily have overcome using visual aid, complete dryness in eye care through Ayurveda treatments and migraines responded well for certain measures. Present talk is to summarize the experiences of private practice with interesting clients to discuss with success in care and management.

Conclusion: As an Ayurveda scholar, practitioner, researcher, or an academic professional has a role to play, in different conditions; environment to address the issues of health in completion as possible much is applied aspects of Ayurveda in global perspective. My observational studies explore the possibilities of means and methods to implement.

Location of Primary Work: Tooting Pharmacy, 175 upper Tooting road, LONDON.

1430 – EFFECT OF AN INDIGENOUS SHAMPOO IN DARUNAKA

Presenting Author : Dr. K P P PEIRIS
Organization : Senior Lecturer, G.W.A.I., University of Kelaniya, Sri Lanka.
E-mail : drpriyanip@gmail.com
Cell Phone : 00947141487 / 0094772472087
Address : 2/60/F, Medawathugoda. Yakkala. Sri Lanka

Background: Darunaka is a common scalp disorder affecting almost half of the population at the pre-pubertal age and of any gender and ethnicity. It is caused by aggravated Kapha and Vata produces dreadful, itching and dry cracked skin of the scalp. In the present era people resort this cause more than past. Majority of people wish to have Ayurvedic treatment, but most of the recipes contain Sheeta Veerya, Kapha enhancing substances. Due to busy life schedule people seeks easily applicable mode of preparations.

Purpose: To assess the effect of an indigenous formulation on Darunaka & to introduce indigenous formulation for Darunaka in the form of anti-dandruff shampoo.

Methods: 30 Subjects randomly divided into two groups with 15 patients each. Gr A patients were treated with indigenous shampoo for one month. Gr B patients were treated with anti-dandruff shampoo for 1 month.

Findings: Individual and comparative group effect was analysed by using simple percentage and further individual effect by Friedman test and comparative effect by Mann Whitney U test. While considering the comparative effect 4 key features of dandruff were markedly reduced and significant results $p < 0.05$ were observed in Gr A than Gr B. Over half of the patients (53.34%) clinical features were reduced up to marked improvement in Gr A after using of an Indigenous shampoo.

Conclusion: This study has been proved an indigenous shampoo is more effective on Darunaka (Dandruff) than anti dandruff shampoo. During this clinical study and the follow up period hair falling, Kesha kathinya and Kesha Rukshatwa have been not reported by the Gr A patients. But few number of patients reported Kesha Kathinya in Gr B. Considering all these points this study reveals that indigenous shampoo is more effective on Darunaka without any side effect.

1431 – A CRITICAL REVIEW ON SHADANGA GUGGULU IN THE MANAGEMENT OF EYE DISEASES

Presenting Author : Surangi K.G
Organization: PG scholar, Department of Shalakhya Tantra, NIA, Jaipur, Rajasthan.
E-mail: surangikg@gmail.com
Cell Phone: 07665539668

Background: Shadanga Guggulu is an important formulation used for Savrana Shukra (corneal ulcer), Netra Shotha, Paaka, Shoola (symptoms of inflammation & infection in eye) and Pilla (blurred eye); contains 6 ingredients namely