

## **An In-depth Analysis of the *Dasuttara Sutta*: Evaluating its Teachings in Facilitating the Attainment of Nibbāna**

**Ven. Bingiriye Sunandabodhi<sup>1\*</sup>**

<sup>1</sup>Faculty of Graduate Studies, Buddhist and Pali University of Sri Lanka, Sri Lanka

In the *Dasuttara Sutta*, Venerable *Sāriputta* Thero expounded on ten profound teachings that collectively serve as pathways to the attainment of Nibbāna while contemporary people may have diverse perspectives on the attainment of Nibbāna. This research aimed to focus specifically on how the teachings of *Dasuttara Sutta* significantly contribute to the attainment of Nibbāna. The research was a qualitative analysis of both published and unpublished books, primarily utilizing the Pali Canon's *Dasuttara Sutta* as the primary data source. The Venerable *Sāriputta* Thero preached about 550 factors, which were categorized into ten groups, namely helpful factors, developed factors, completely understood factors, eliminated factors, detrimental factors, distinguishing factors, hard-to-comprehend factors, produced factors, directly known factors, and realized factors. Among them, the 55 realized factors were said to be especially significant, which include the emancipation of life, supernormal knowledge and freedom, knowledge of past lives, understanding death and rebirth, ending defilements, stream-entry, once-return non-return, and perfection. They also encompass ethics, immersion, wisdom, freedom, knowledge and vision of freedom, the ability to multiply and become once again, hearing both human and divine sounds, understanding the minds of other beings, recollecting past lives, observing sentient beings' rebirths, ending defilements with true impermanence, renouncing sensual pleasures, practising four kinds of mindfulness meditation and developing the five faculties, the seven factors of awakening, and the noble eightfold path. Those factors significantly affect the attainment of Nibbāna, making the *Dasuttara Sutta* an essential text for understanding the concept and attainment of Nibbāna.

**Keywords:** *Dasuttara sutta*, Nibbāna, Realized factors, 550 facts

---

\*sunandaboodhi@gmail.com

ORCID ID: <https://orcid.org/0009-0006-2458-2860>