

# Systematic Approach for Medicine Short Cases

First Edition



Flash cards



Clinical Signs



Algorithms



Key Points



Cases

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First Edition

Best wishes !!!

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## Preface

In the final MBBS examination and in postgraduate examinations in medicine students need to prepare for short cases, an assessment which includes examination of the four main systems within a given period (5 or 6 minutes for examination and 3 or 4 minutes for questioning). Students are assessed under 3 main areas; examination technique, ability to detect physical signs accurately and workout a correct and sensible diagnosis.

There are many books written on this area (examination skills) but we have noticed that students have a lot of difficulties in learning these during their clinical training and therefore difficulties in coping up with the short cases. In this book I have presented comprehensive details on examination skills in a simple manner and flow charts and diagrams that will allow students to interpret their findings easily.

In addition I have tried to highlight the important physical signs under each system and its relevance in working out the common diagnosis as well as the important points in the technique of examination. At the end of each section there will be a list of common short cases and how to summarise the cases before presentation considering the complications and the possible aetiology.

I feel this book will be a useful companion to medical students from their beginning of clinical training and also will be an asset to the postgraduate trainees in medicine for quick revision.

## Acknowledgements

First of all I would like to thank all members of the department of medicine, faculty of medicine, Ragama for the support and cooperation given to me since I had started to work as a lecturer.

Also my heartfelt thanks goes to Miththinda who used his little free time in editing and designing the contents of the book in a student friendly format.

And special thanks to Purnima and Lakmini in our department who gave me a lot of technical assistance developing this book into a reality.

I would not forget to pay my gratitude to all clinicians under whom I was trained as an undergraduate as well as a postgraduate. This book is a tribute to the clinical skills and attitudes I gained through them to be a medical professional.

Look for these icons



FLASH CARD



GENERAL EXAMINATION



CLINICAL SIGN



ALGORITHM



SPECIAL POINTS



SHORT CASE

Easily overseen critical points that should not to be missed!

Non-essential points that may give you more marks.



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