

## **Impact of Time Management Skills on Academic Performance of Management Undergraduates: Evidence from the University of Kelaniya**

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The current study investigated the impact of time management skills and academic performance; It aims to identify the impact of time management skills on the academic performance of final-year management undergraduates at the University of Kelaniya. This study is quantitative and conducted as a cross-sectional field study. A standard questionnaire was distributed for the target sample as a Google form online. According to the simple random sampling technique, the final sample remains at 250 observations of final-year management undergraduates at the University of Kelaniya, Sri Lanka. The study developed two hypotheses to test the impact of independent variables on the dependent variable and also, the sample data set was analyzed through validity and reliability analysis, and correlation and regression analysis with aid of the Statistical Package for Social Sciences (SPSS). This research found that there is an insignificant correlation between time management skills and undergraduate academic performance. According to that, it appears that for the modern generation, it is not time management skills but other factors that influence academic performance. In addition, further exploration revealed the reasons why final-year undergraduates procrastinate. Some recommendations for future research have been proposed. First of all, the personality variable under investigation was limited to the achievement of time management skills. Other variables such as optimism, stress, and self-efficacy are also likely to have an impact on academic performance too. Future research will be able to delve deeper into these issues.

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