ID No: 029 - PP

## Role of Leech Therapy in management of Khalitya: a case study

\*Samaranayake, G. V.P., <sup>2</sup>Pushpakumara, A.A.J

\*Temporary Lecturer, Department of ShalyaShalakya, GampahaWickramarachchi
Ayurveda Institute, University of Kelaniya, Sri Lanka.

<sup>2</sup>Senior Lecturer, Department of ShalyaShalakya, GampahaWickramarachchi Ayurveda
Institute, University of Kelaniya, Sri Lanka

Leech therapy is an Ayurvedic Para surgical procedure which is a treatment using medical leeches. Indications for treatment with medical leech's blood and skin diseases like varicose vein, cellulitis, psoriasis, eczema, acne vulgaris, hair loss and ect. Leech application is a type of *Raktamokshana* which is very much useful especial in *Pitta* and *Raktadushtiroga*. Current treatment procedures which include surgery, hair transplant, hormonal replacement therapy, topical applications and may be treated by local steroid injections which are associated with many side effects. But Ayurveda, the treatment procedures mentioned like *Vamana*, *Nasya*, *Mukha&ShiroAbhyanha*, *Pradeha*, *Siravedha* and *Rakthamokshana* using *Jalauka* can provide a simple, painless, economical treatment for this common element. A male patient of 35 years old was presented in Surgical Clinic with complain of scalp hair fall, associated with dandruff, itching since 3 years. For that Leech Application was planned and result was significant. Assessment were observed clinically and recorded with photography.

Keywords: Raktamokshana, Khalitya, Jalauka