Successful of Self-efficacy through Inventive Drama

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Self-efficacy is disturbed with people’s views in their skills to produce given achievements (Bandura, 1997). One cannot be all things, which would require mastery of every realm of human life. People differ in the areas in which they cultivate their efficacy and in the levels to which they develop it even within their given pursuits. The drama had a positive impact on students’ development of communication skills, socialization levels, and development of emotional intelligence, social skills, empathic skills and empathic tendencies regardless of the grade levels of the students.

The purpose of this study is to explore the effects of an Inventive Drama Based Awareness of Self-efficacy Skills Training Program on grade ten students’ perception of self-efficacy. This is a quasi-experimental study. Perfectly 80 students were similarly divided into two groups as they are investigational group and control group. The investigational group has attended to ten sessions of development as inventive drama based exercise program. The exercise program was achieved by involving the theory of Bandura’s self-efficacy as they are; presentation success, indirect experiences, verbal persuasion and expressive states. It has been prepared to promote students’ perception of self-efficacy skills. Awareness of Self-efficacy Towards Using Inventive Drama Technique has been offered as pre-test and post-test to both groups in order to get the data. It has been found that there was significance on behalf of experimental group in the end of this study (p<05).

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