බිමීම සැකස් පුළුලට විශේෂ විධි ආමත්තක් ලෙස
ස්වරාජ පුළුලට යළිමත්
Abstract

The ‘grade five scholarship exam’ is one of the main competitive exams in Sri Lanka. Majority of analysts shows that this exam generates huge stress for both the students and their parents due to the competitiveness of the exam. Thus, a proper psychosocial study on this issue is yet to be done. This study aims to research on the fact that whether the family influence due to grade five scholarship is a psychological stress or not. The study used the mix method on data gathering. 125 students and 15 parents and teachers were selected from Colombo and Gampaha districts of the western province. A questionnaire system, interviews and observation were utilized to collect data. Further the case study system was used for the student that shows the high stress rate according to the stress scale. Gathered data were analyzed using symbolic interactionism theory by Gorger Herbert Mead and the Psycho analysis theory by Sigmund Freud.

The study shows that parents give high value for this exam by assuming it as a way of obtaining a better future for their children. Therefore they create a high influence on their children for passing the exam with high marks. This influence varies due to the social, economic and educational factors. Further this can create both the positive and negative impacts according to different personalities. The study also finds that the parents particularly mothers also experience huge stress due the exam. Due to competitiveness of the exam students can lose freedom, time for extracurricular activities and loving relationships with their family members which are crucial for their personality development. Therefore the study suggests to conduct this exam not in grad five but in grad eight since the children are comparatively matured in this age. This study focused only the ‘family’ which is one of the factors in the socialization process of the child. Therefore a further study needs to examine other factors of the socialization such as; school, peer groups and the society.

**Key words:** Socialization, Education, Family Influence, Exam Stress, Grade Five Scholarship.