Abstract

The study was conducted to achieve few objectives. There are 1.To investigate Interpersonal constraints, 2.To examine intrapersonal constraints 3.To explore structural constraints. The Wewelduwa GN division was selected as the sample area.out of 570 household in the considered GN division it was selected 107 household associating systematic random sampling techniques. Likert scaled questionnaires were used to collect data from respondents, and tables, graphs and charts were used to present the data. Besides that factor analysis was associated to analysis the data and finally, could find 3 types of factors and with hierarchical order leading to leisure time activities with regard to the sample data. As the sample size was limited to 107 household the findings should be read accordable.

Keywords: Leisure Constraints, Leisure Participation, Leisure activity

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